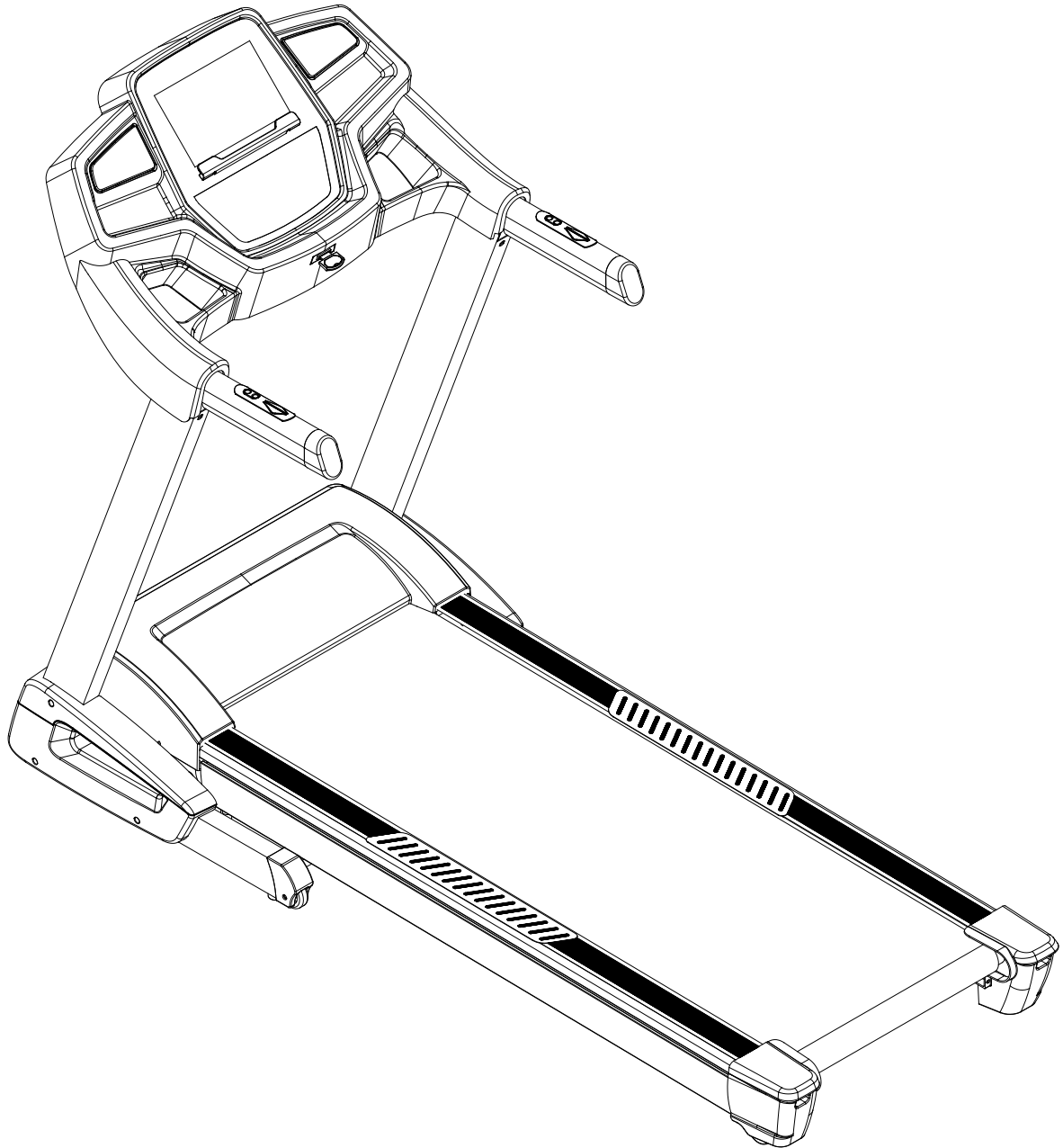


BODYWORX



BODYWORX SPORT 3050 TREADMILL

Model No: SPORT3050



**Retain this owner's manual for future reference
Read and follow all instructions in this owner's manual**

Version A



Warranty Registration Form

Congratulations on purchasing your product, we at GPI believe that our product range is of the highest quality and represents great value for money.

We back our product range up with our industry leading warranty.

Please see below for the step by step instructions on how to register your product warranty online.



Step 1 Visit our Website

Go to the GPI Sports website: www.gpisports.com.au/warranty



Step 2 Enter Purchase Information

Enter all purchase information including the serial number and proof of purchase which can be uploaded from this page



Step 3 Call Our Toll Free Number

If a warranty service request is required on your product please call the toll free number - **1800 005 770**

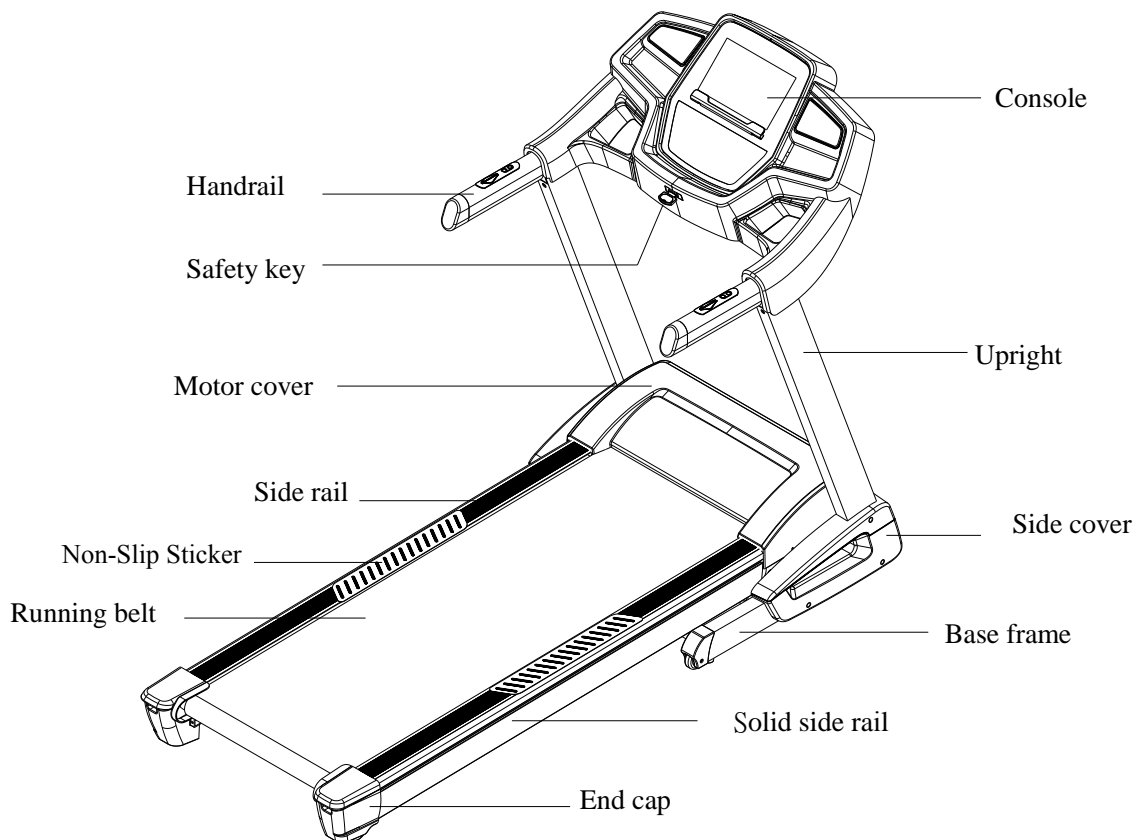
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The main technical parameters

Input supply voltage: 240V	Working temperature: 0-40 °C
Speed range: 0.8-22.0 KH/M	Incline range: 15 level Motor incline
Max. user weight: 150kg	Distance display range: 0.00-99.9km
Calories display range: 000-999	Time display range: 00: 00-99: 59 (min : sec)
Heart rate range: 50-200 (time / min)	Running surface: 520*1520mm
Product size: 1950*870*1450mm	Folding size: 1230*870*1660mm

Product Overview



IMPORTANT SAFETY PRECAUTIONS

WARNING: Before starting any exercise program, consult with your physician or health professional, especially if the person is above 35 years old people or has some health problems before. We take no responsibility for any troubles or injuries due to above reasons. Don't turn the power on until you finish assembling the treadmill and covering the protected top of the motor.

ATTENTIONS:

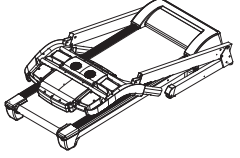
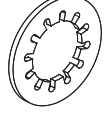
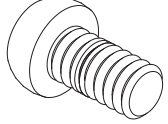
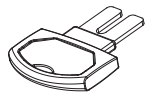
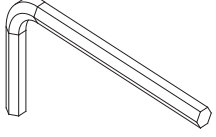
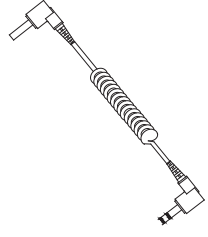
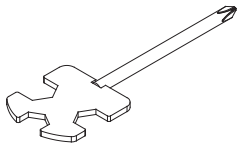
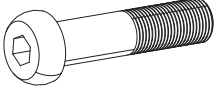
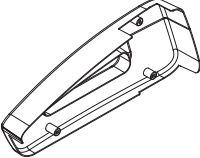
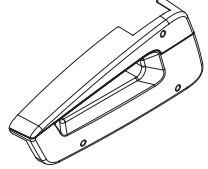
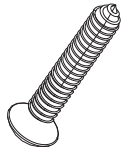
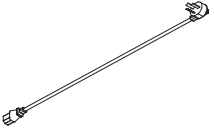
1. When using this treadmill, keep the safety pull pin rope attached to your clothes or belt.
2. Do not plug anything into any parts of this equipment as it may cause damage and is a serious safety risk.
3. Position the treadmill on a clear, level surface. Do not place the treadmill on thick carpet as it may interfere with proper ventilation. Also, do not place the treadmill near water or outdoors.
4. Never start the treadmill while you are standing on the walking belt. After turning the power on and adjusting the speed control, there may be a pause before the walking belt begins to move, always stand on the foot rails on the sides of the frame until the belt is moving.
5. Wear appropriate clothing when exercising on the treadmill. Do not wear long, loose fitting clothing that could become caught in the treadmill. Always wear running or aerobic shoes with rubber soles.
6. Keep small children or pet away from the treadmill during operation.
7. Do not do exercise for 40 minutes after eating.
8. This treadmill is designed and intended for using by adults. Any use by people less than adult age needs to be under strict supervision and at the risk of the user and supervisor.
9. Always hold the handrails when initially walking or running on the treadmill, until you are familiar with the use of the treadmill.
10. The treadmill is for indoor use, do not use outdoor. Position the treadmill on a clean, level surface.
Note: The treadmill is made with specialised equipment, please do not attempt to modify any of the original parts.
11. The power cord of motorized treadmill is specialised. If the power cord is damaged, please purchase it from distributor or contact our company directly.
12. If the treadmill should suddenly increase in speed due to an electronics failure or the speed inadvertently increased, the treadmill will come to a sudden stop when the pull pin is disengaged from the console.
13. Do not use an extension cord with this product. Keep the power cord clear from all moving parts. Do not place the power cord underneath the treadmill as it may become entangled and cause a serious safety risk.
Ensure that the power cord is not near any high temperature.
14. When the treadmill is not being used, the power cord should be unplugged and the safety pull pin

removed. Note the power cord of motorised treadmill is made by special equipment, if it is broken, please contact distributor quickly.

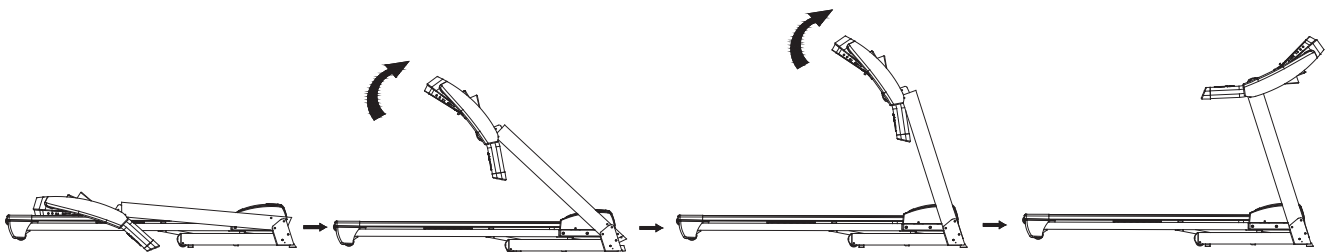
15. The treadmill is for home use only.
16. The treadmill maximum user weight is 150kgs.
17. Please do not over exercise in order to avoid any injury and use caution when exercising on the treadmill for your safety.
18. When the treadmill is not being used, please remove the safety pull pin and store it away from the treadmill in a safe place to avoid use by others/children.

Assembly instruction

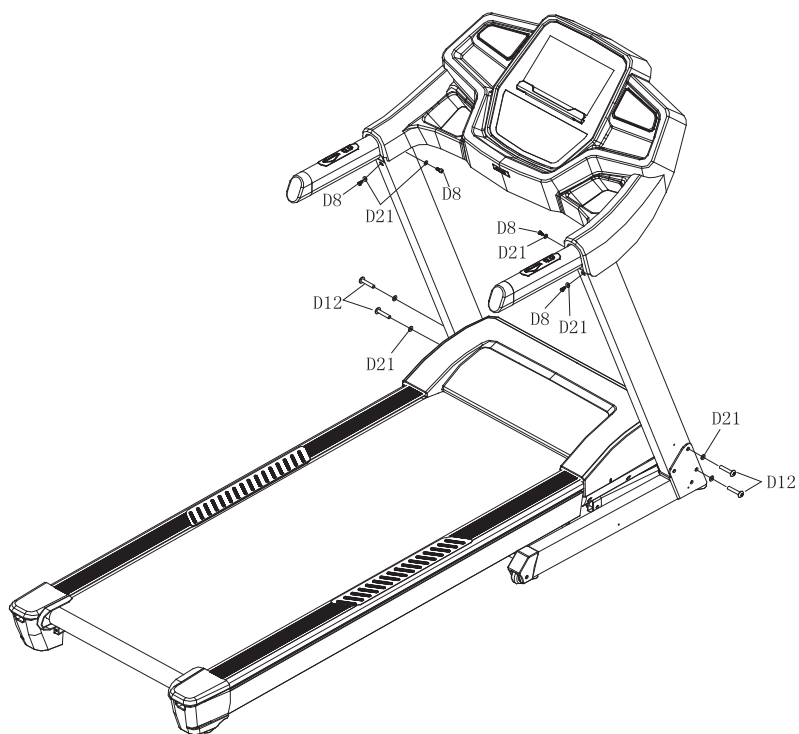
WHEN YOU OPEN THE CARTON, YOU WILL FIND THE BELOW SPARE PARTS:

<p>A1 Main frame 1 set</p> 	<p>D21 Flat Washer M10 8 pcs</p> 	<p>D8 Round Head Hex Bolt M10*15 4 pcs</p> 	<p>C13 Safety key 1 set</p> 
<p>D2 Allen Wrench T6, 1 pc</p> 	<p>C19 MP3 line 1 pc</p> 	<p>D1 Screw Driver 13-15-17 1 pc</p> 	<p>D12 Round Head Hex Bolt M10*55 4 pcs</p> 
<p>B11L Left Side Cover 1 pc</p> 	<p>B11R Righ Side Cover 1 pc</p> 	<p>D48 Cross Washer Head Self-drilling Tapping Bolt ST4.2*19 6 pcs</p> 	<p>C15 Power Cable 1 pc</p> 

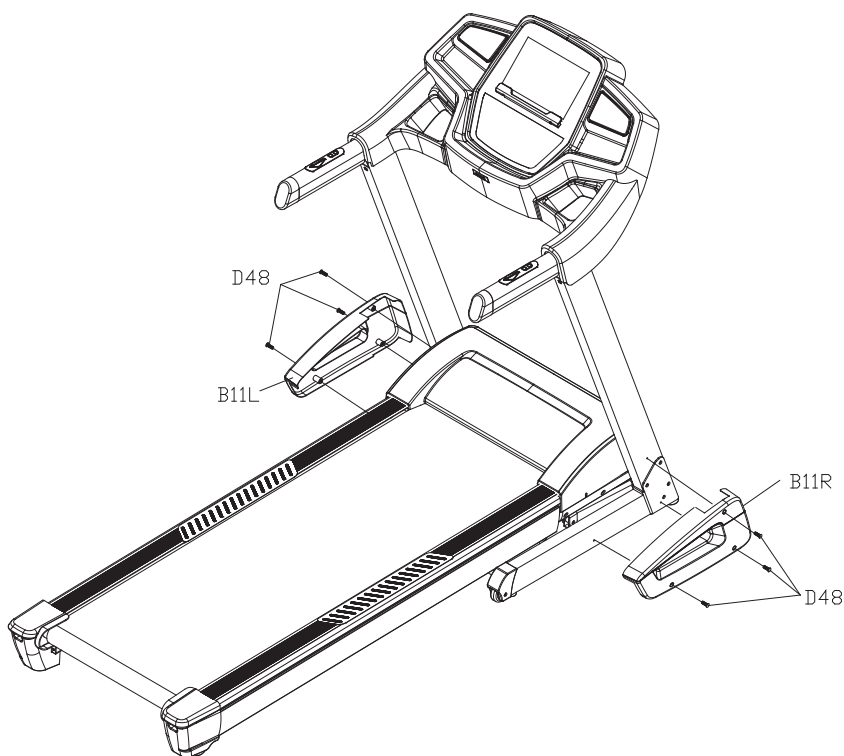
STEP 1: Follow the steps below to lift up the upright.



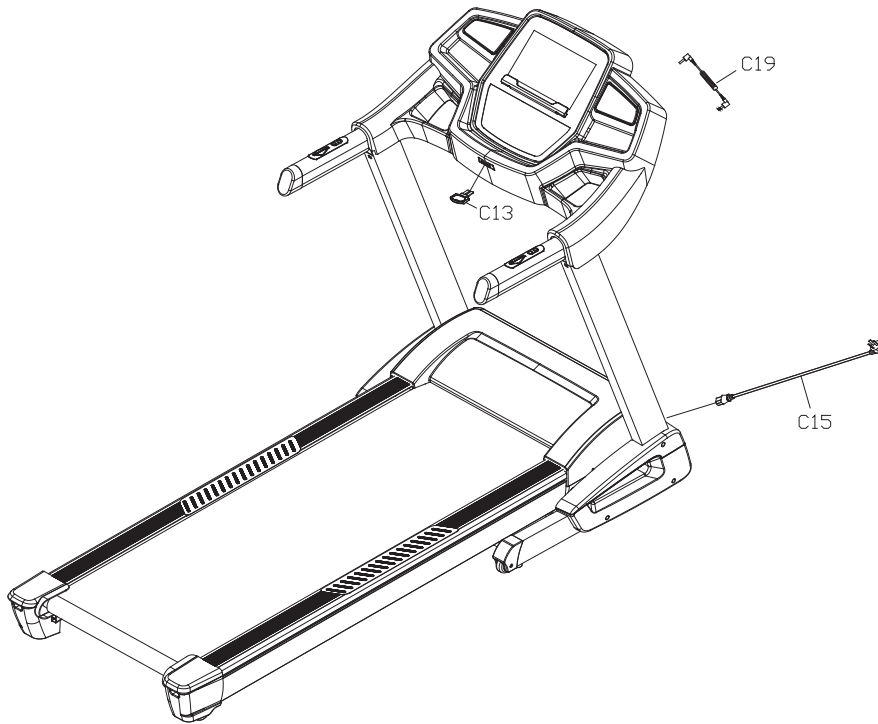
STEP 2 : According to the picture, tighten the bottom frame with Round Head Hex Bolt M10*55 (D12) and Flat Washer M10 (D21). Then lock the console frame with Round Head Hex Bolt M10*15(D8) and Flat Washer M10 (D21).



Step 3: Attach the left/right side covers (B11L)&(B11R) to the base frame with bolt ST4.2*19 (D48) as picture.

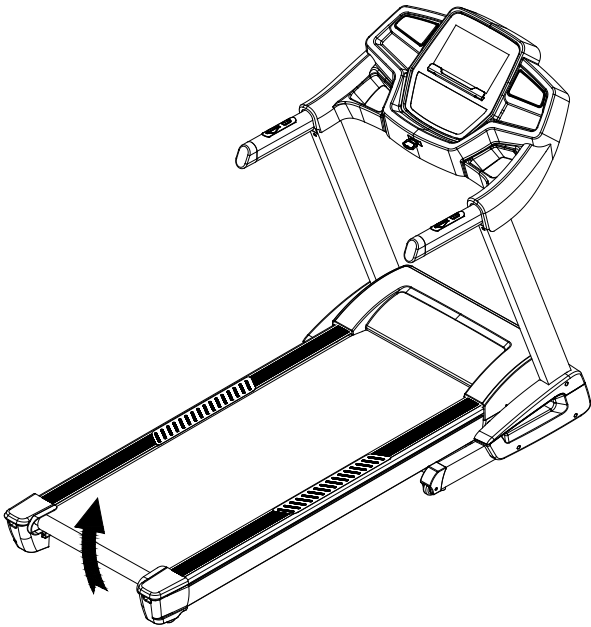


Step 5: Put on the safety key (C13), MP3 Line (C19) and put on the power cable (C15).



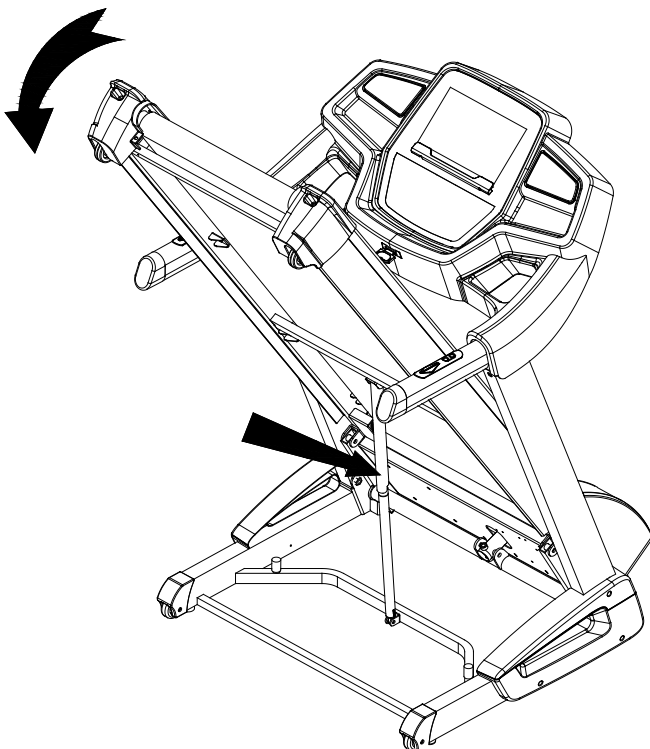
Step 6: To check if the running belt runs correctly, place treadmill in folding position and tighten all the bolts. Then set speed under 3km/h and see if running belt runs without problem.

Folding instruction



Lift up the rear of the machine and pull up until you hear a "click" that is made by the safety casing locking into position the cylinder.

Unfolding instruction



Push the safety sleeve lightly and pull down the machine at the same time as the arrow direction. Then the machine will fold down smoothly.

Grounding Methods

This product must be grounded. If it should malfunction or breakdown, grounding provides a path of least resistance for electric current to reduce the risk of electric shock. This product is equipped with a cord having an equipment-grounding conductor and a grounding plug. The plug must be plugged into an appropriate outlet that is properly installed and grounded in accordance with all local codes and ordinances.

DANGER – Improper connection of the equipment-grounding conductor can result in a risk of electric shock. Check with a qualified electrician or serviceman if you are in doubt as to whether the product is properly grounded. Do not modify the plug provided with the product – if it will not fit the outlet, please have a proper outlet installed by a qualified electrician.

This product is for use on a nominal 240V circuit and has a grounding plug. Make sure that the product is connected to an outlet having the same configuration as the plug. No adapter or extension cord should be used with this product.

Operation Guide

1.1. WINDOW DISPLAY



1.2. START

Normal start after 5 seconds countdown.

1.3 PROGRAM

1 manual mode, 15 pre-set programs, 3 users, 1 body fat program, 3 HRC.

1.4. SAFETY LOCK FUNCTION

The window shows "----" when take away the safety lock and the treadmill will stop quickly with "didi" alarm noise. And put the safety lock on, the computer will display for 2 seconds and the date count down to "0"

1.5. BUTTON FUNCTION

1.5.1. START/STOP

“START”--When the treadmill is not running, press this button to start, speed is “0.8”.

“STOP”--When the treadmill is running, press this button to stop, then set program default and then return to manual mode after stopped.

1.5.2 “PROGRAM” BUTTON

When the treadmill is not running, press this button can circle choose from manual mode to pre-set Mode P1-P15, U1-U3, H1-H3 and body fat.

1.5.3 “MODE” BUTTON

When the treadmill is not running, press this button to choose countdown modes:”H-1”,”H-2”,”H-3”;:H-1” is the time countdown mode, and “H-2” is the distance countdown mode, “H-3” is the calorie countdown mode; press the “SPEED+/-” or “INCLINE+/-“button to adjust the data. After that, press the “START” button to start this treadmill.

1.5.4 “SPEED +/- “BUTTON

SPEED +/- --Adjust speed when treadmill starts, the increment is 0.1km/time in kilometer. Press the button more than 2 seconds, and it will go up or down more rapidly.

1.5.5 SPEED QUICK BUTTON

Press the speed quick button 5 km/h, 10 km/h, 15 km/h, 20 km/h to adjust the speed directly when the treadmill is running.

1.5.6 “INCLINE+/-” BUTTON

INCLINE +/- --Adjust incline when treadmill start; the increment is 1 level/time. Press the button more than 2 seconds, and it will go up or down more rapidly.

1.5.7 INCLINE QUICK BUTTON

Press the incline quick button 3, 6, 9, 12 to adjust the incline directly when the treadmill is running.

1.5.8 BLUETOOTH ON/OFF BUTTON

Press ON to start the Bluetooth function. Press OFF to stop the Bluetooth function.

1.5.9 BLUETOOTH CONTROL

Once you start the Bluetooth function, you can control the product through your Android tablet or I-pad.

1.6. DISPLAY FUNCTION

1.6.1 SPEED

Display running speed.

1.6.2 TIME

Display the running time or countdown time.

1.6.3 DISTANCE

Display the running total distance or distance countdown.

1.6.4 CALORIE

Display the calorie or calorie countdown.

1.6.5 INCLINE

Display the incline.

1.6.6 PULSE

Display pulse data.

1.6.7 ALL WINDOW DISPLAY DATA RANGE

TIME: 0:00 – 99.59(MIN)

DISTANCE: 0.00 – 99.9(KM)

CALORIES: 0.0 – 999 (C)

SPEED: 0.8-22.0(km/h)

PULSE: 50 – 200 (BPM)

INCLINE: 0 – 15%

1.7 PULSE FUNCTION

When the treadmill is running, hold the hand pulse about 5 seconds, it will display pulse data. The pulse data range is 50-200 times/ minute. It has heart-shaped graphics when testing pulse. This data is only for reference and to be used as a guide only. It can not be treated or used as medical data.

1.8 PROGRAM EXERCISE CHART

MODE \ TIME		SET TIME / 16 = EVERY GRADE TIME															
		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
P1	SPD	2	5	5	5	10	10	5	5	5	3	3	2	5	5	3	2
	INC	0	0	1	1	1	1	2	2	2	2	3	3	3	2	2	0
P2	SPD	2	2	7	2	2	7	7	12	4	4	12	4	4	12	4	2
	INC	0	1	2	2	3	3	2	2	3	3	2	2	3	2	2	0
P3	SPD	2	4	9	9	4	4	8	8	10	10	12	4	4	8	4	2
	INC	0	1	2	3	4	5	4	5	4	2	1	2	3	2	1	0
P4	SPD	2	6	6	6	12	12	12	12	6	6	3	3	3	5	5	2
	INC	0	1	2	3	4	5	6	7	6	6	5	4	3	2	1	0
P5	SPD	2	4	6	12	12	12	3	3	3	3	12	12	12	6	4	2
	INC	0	2	4	6	4	2	1	0	1	1	2	2	2	2	3	0
P6	SPD	2	4	5	5	6	6	8	8	6	6	8	8	6	9	6	2
	INC	0	1	3	4	4	3	3	1	2	1	2	1	2	1	2	0
P7	SPD	2	7	7	9	9	4	4	12	12	4	4	8	8	4	4	2
	INC	0	1	1	2	2	3	3	4	4	3	3	2	2	1	1	0
P8	SPD	2	2	6	6	6	8	9	10	11	12	9	5	5	5	3	2

	INC	0	1	2	4	2	1	2	4	2	1	2	4	2	1	2	0
P9	SPD	2	4	8	10	2	4	8	10	2	4	10	2	4	10	4	2
	INC	0	1	2	3	4	5	6	7	8	9	8	6	4	2	1	0
P10	SPD	2	5	6	7	8	9	10	11	10	9	8	6	7	5	4	2
	INC	0	1	2	4	6	6	6	4	4	4	2	2	2	1	1	0
P11	SPD	2	5	6	7	9	9	6	9	6	9	6	10	6	10	7	2
	INC	0	2	2	2	3	3	3	4	4	4	5	5	5	4	4	0
P12	SPD	2	6	8	10	8	6	4	6	8	12	8	6	8	12	12	2
	INC	0	1	1	3	3	5	5	7	7	5	5	3	3	1	1	0
P13	SPD	2	12	4	12	4	12	4	12	4	12	4	12	4	12	4	2
	INC	0	8	10	13	4	8	10	13	4	8	10	13	4	8	10	0
P14	SPD	2	8	10	12	4	8	10	12	4	8	10	12	4	8	10	2
	INC	0	8	12	13	4	8	12	13	4	8	12	13	4	8	12	0
P15	SPD	2	12	10	8	12	12	10	8	12	12	10	8	12	12	10	2
	INC	0	3	4	5	6	8	7	8	8	7	7	6	5	4	3	0

1.9 MANUAL MODEL OPERATION

1.9.1 Press start key, time count down 5 seconds, then treadmill will start to work with initial speed 0.8km/h.

1.9.2 Press speed +/-, you can adjust the speed.

1.9.3 Press incline+/-, you can adjust the incline.

1.9.4 Press stop, you can stop treadmill at working state.

1.9.5 Press quick speed key, you can quickly adjust the speed you want.

1.9.6 Press quick incline key, you can quickly adjust the incline you want.

1.10 3 COUNTDOWN FUNCTION PARAMETER DATA

Countdown time initial setting 15: 00 minutes, setting range 5: 00---99: 00 minutes, each step 1: 00.

Countdown calorie initial setting 50therm, setting range 10---990 term, each step 1.

Countdown distance initial setting 0.8km, setting range 0.5---99.9 km, each step 0.1.

Scan cycle switch order is: manual, time, distance, calories.

1.11 BODY TESTER (FAT)

At the beginning state, press “PROGRAM” continually to enter “FAT“ body fat test, window display “FAT”. Press “MODE” to enter (F1 SEX, F2 AGE, F3 HEIGHT, F4 WEIGHT. Press “SPEED+”, “SPEED-” to set. After setting, the computer will display F5 and grasp the hand pulse, the window will display your body quality index.

The body quality index is to test the relation between height and weight.

The body FAT suits for any male and female to adjust the weight according together with other body quality index. The ideal FAT should be between 20-25, if under 19, it means too thin. If between 25 and 29, it means overweight, if over 30, it means obesity. (The data is just for reference only and can not be used or treated as medical data).

- 01 Sex 01 Male 02 Female
- 02 Age 10-----99
- 03 Height 100----200
- 04 Weight 20-----150
- 05 FAT \leq 19 Under weight
- FAT= (20---25) Normal weight
- FAT= (25---29) Over weight
- FAT \geq 30 Obesity

1.12 User Program

Besides 15 pre-set programs, there are 3 user-defined programs: U1, U2 and U3 Each user program has 10 segments. The user can set the desired speed and incline .Press "PROGRAM" button to choose U1 ,U2 or U3,press "MODE" button to enter setting condition, then set the time of the first segment. Press "SPEED+" and "SPEED-" to set speed. Press" INCLINE+" and "INCLINE-" to set incline. Press "MODE" button and your choice will be set. The next workout segment will flash, go through the same setup as you completed with segment one. You must complete all 10 segments and then your user program is ready to use. Press "STOP" key to return to last segment setting any time.

1.13 Heart rate control (HRC) program

There are 3 HRC programs (HRC1-HRC3) in total.

The parameter data setting order is "AGE" -> "THE(HRC) data" -> "TIME".

HRC: Detect user's actual heart rate through wireless receiver and set different the heart rate data as goal to adjust speed and incline during running.

1.13.1 After turning on the power, press "PROG" key to choose HRC function. HRC function is turned on when "HRC" characters shown on the screen.

User can use "SPEED +/-" to adjust age (data from 13 to 80) after seeing the "30" shown on the screen.

1.13.2 Press "MODE" key to enter the setting of heart rate. The standard heart rate is fixed at different data from HRC1 to HRC3. Heart rate data can be adjusted from 50 to 200. User can use "SPEED +/-" to adjust the data. (It's recommended that standard heart rate data doesn't need to be changed for physical health condition.).

Formula is calculated as below:

HRC1 is T.H.R =(220-age)x60%,

HRC2 is T.H.R =(220-age)x70%,

HRC3 is T.H.R =(220-age)x80%.

After finishing the setting of HRC data, user can press "MODE" key to modify the time. When "TIME" window flashes, it displays the default time as 30:00 minutes, and user can press "SPEED +/-" to set up time.

1.13.3 Enter “START” key to begin the workout (Remember you can only press the “START” key after all the setting are completed. It’s suggested that user use wireless chest belt to detect the heart rate. If chest belt and hand pulse are used at the same time, data from chest belt will show up only on the screen.

1.13.4 During the operating of HRC, speed and incline will adjust as below:

- (1) If Target heart rate $<THR-15$, then the speed and incline will adjust automatically every 15 second, the SPEED will increase 0.8KM/h and incline add 1 section until they reach the max. data.
- (2) If $THR-5 > Target\ heart\ rate \geq THR-15$, then the speed and incline will adjust automatically every 15 second, the SPEED will increase 0.4KM/h and incline add 1 section until they reach the max. data.
- (3) If $THR+5 \geq Target\ heart\ rate \geq THR-5$, then the speed and incline will not change.
- (4) If $THR+15 \geq Target\ heart\ rate \geq THR+5$, then the speed will adjust automatically every 15 second, the SPEED will decrease 0.4KM/h and incline less 1 section until they reach the min. data.
- (5) If Target heart rate $\geq THR+15$, then the speed and incline will adjust automatically every 15 second, the SPEED will decrease 0.8KM/h and incline less 2 section until they reach the min. data.

1.14 OTHERS

1.14.1 The system will enter into power saving mode automatically if there is no any action within 10 minutes under IDLE MODE and there is no display and backlit on the computer. Press any key to resume the system.

1.14.2 Countdown time, countdown calorie and countdown distance, you just can set one of them at one time, press last item to set running, the setting parameter is countdown, others display normal data.

1.14.3 MP3 audio function: Insert the MP3 line in the input hole of the right side in the computer.

1.14.4 Bluetooth music function: Press the Bluetooth key till the display show Bluetooth icon, turn on the Bluetooth of your device to match with computer and play the music, user can increase or decrease the volume from the device, and also can turn back to last song or jump to next song.

1.13.5 USB function: Plug your USB, press the start key to play the music, user can increase or decrease the volume from the device, and also can turn back to last song or jump to next song.

1.13.6 On display – Distance covered, Calories burnt, Pulse reading, Body Fat test shown is only for indicative purpose and may vary from machine to machine. Do not compare these readings to a medical instrument.

Getting started guide

PREPARE

If you are around 35 years old, or have a health problem, even if this is your first time to do fitness exercise, please consult doctor or professional before you use it.

Before you exercise, please stand on the side to learn how to operate, such as start, stop and speed adjustment. After that stand on the plastic deck of the treadmill board, catch hold of the handrail, start by 1.6-3.2 km/h low speed, stand straight, look forward, one foot try to do few times, then stand on the belt to do exercise. After adapting, you can adjust the speed to 3-5 km/h and keep doing about 10 minutes, then stop.

EXERCISE

Start exercise by walking slowly. Remember it is for your health and if you feel uncomfortable stop exercising immediately and seek medical advice.

AMOUNT OF EXERCISE

SHORTCUT—The best way to save time is do 15-20 minutes exercise.

If you are finding that it is difficult to increase your exercise intensity by increasing the speed, you can alternatively choose to increase the incline slowly which will also increase the exercise intensity for you.

EXERCISE FREQUENCY

It is better to make a weekly time schedule for your exercise routine to ensure it forms parts of your busy schedule.

Safety Exercise

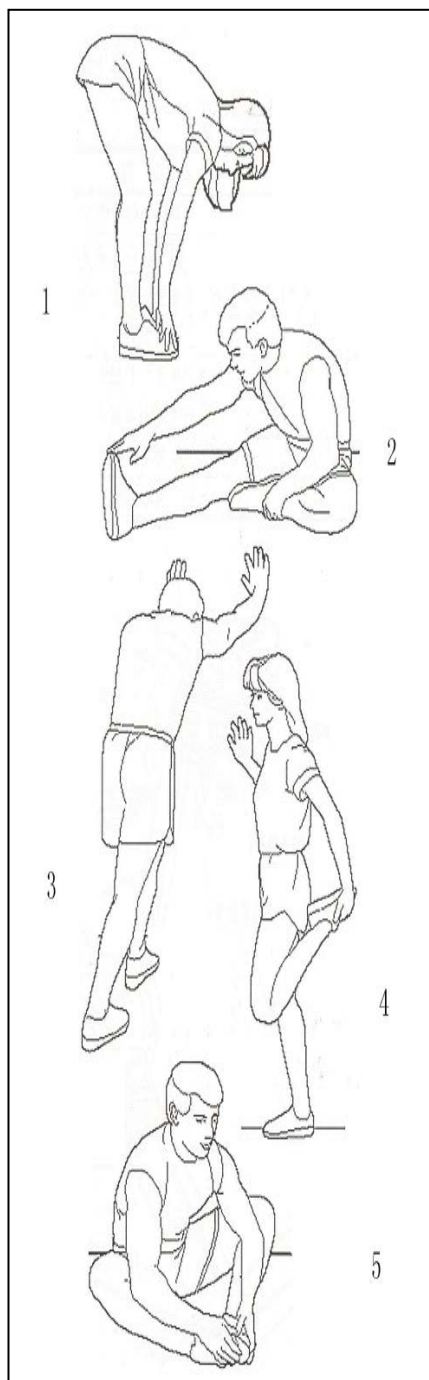
Please consult professional staff before you exercise. He can help recommend exercise rate/ intensity and time according to your age and health condition. When running, if you feel chest tightness or chest pain, irregular heartbeats, short of breath, dizziness or feel unwell, please stop immediately! Consult a professional before you continue to exercise. If you often use treadmill, you can choose normal walk speed or jogging speed.

If you have no experience or can't make sure the best testing speed, you can reference below standard:

Speed 1-3.0 km	weak constitution people.
Speed 3.0-4.5 km	sedentary or not often exercise people.
Speed 4.5-6.0 km	walking quickly people.
Speed 6.0-7.5 km	fast walk people.
Speed 7.5-9.0 km	jogger.
Speed 9.0-12.0 km	intermediate speed runner.
More than 12.0 km	excellent runner.

ATTENTION : It is suitable for walker to choose less than or equal to 6 km speed.

Warm-up Exercise



It is better to do some warm-up exercise. Warm up the muscles with easy stretches, so use 5-10 mins to warm-up. Then stop and according to the methods below to do stretch exercises five times, and each foot do 10 seconds or more every time. After running, do those stretch exercises again.

1. Reach Down: Knees slightly bent and body slowly bent forward, back and shoulders relax, trying to touch toes. Keep 10-15 seconds and relax. Repeat 3 times (See picture 1).

2. Hamstrings Stretches: Sitting on a clean cushion, put one leg straight, the other inward and close to the inside of the straight leg. Try to touch your toes with your hands. Keeping for 10 to 15 seconds, and relax. Repeat 3 times for each leg (See picture 2).

3. Crus and Feet Tendon Stretches: Standing with two hands on the wall or tree, one leg behind. Keeping your legs straight and the heel on the ground, tilt to the wall or tree. Keep 10 to 15 seconds, and relax. Repeat 3 times for each leg (See picture 3).

4. Quadriceps Stretches: Keeping your balance with your left hand holding on the wall or table, then stretch your right heel toward your buttocks slowly, until you feel very tense in the front of your thigh. Keep 10 to 15 seconds, and relax. Repeat 3 times for each leg (See picture 4).

5. Sartorius (Inner Muscles of the Thigh Muscle Stretches: Sitting down with your soles opposite and knees outward Pull your feet toward your groin Keep 10 to 15 seconds, and relax. Repeat 3 times (See picture 5).

Maintenance Instruction

WARNING: Please make sure you pull out the treadmill's power plug before cleaning or maintaining the product.

CLEANING: General cleaning of the unit will greatly prolong the treadmill's life.

Keep treadmill clean by dusting regularly. Be sure to clean the exposed part of the deck on either side of the walking belt and also the side rails. This reduces the build up of foreign material underneath the walking belt. Make sure the shoes are clean. The top of the belt may be cleaned with a wet soapy cloth. Be careful to keep liquid away from inside the motorized treadmill frame or from underneath the belt.

WARNING: Always unplug the treadmill from the electrical outlet before removing the motor cover. At least once a year remove the motor cover and vacuum under the motor cover.

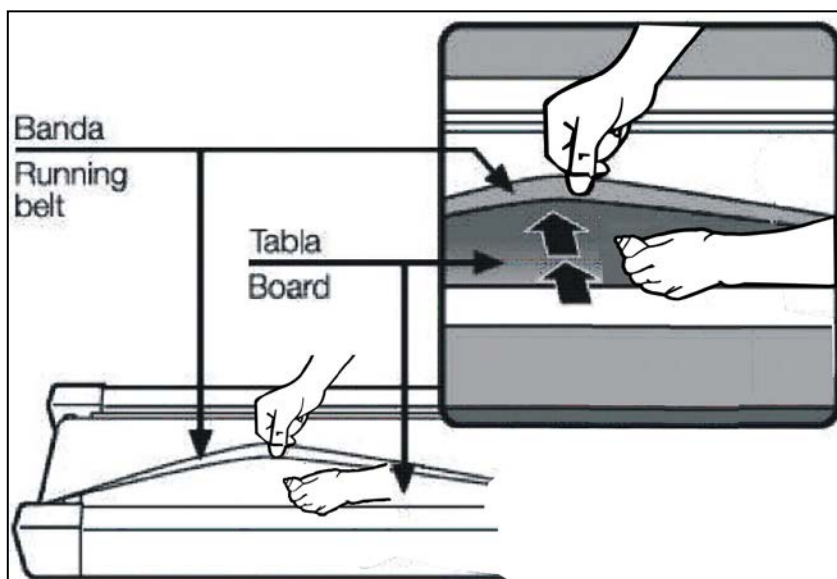
This treadmill's walking belt and deck are equipped with a pre-lubricated, low maintenance deck system. The belt/ deck friction may play a major role in the function and life of your treadmill, thus requiring periodic lubrication. We recommend a periodic inspection of the deck.

We recommend lubrication of the deck according to the following timetable:

Light user (less than 3 hours/ week)	Every 60 days
Medium user (3-5 hours/ week)	Every 45 days
Heavy user (more than 5 hours/ week)	Every 30 days

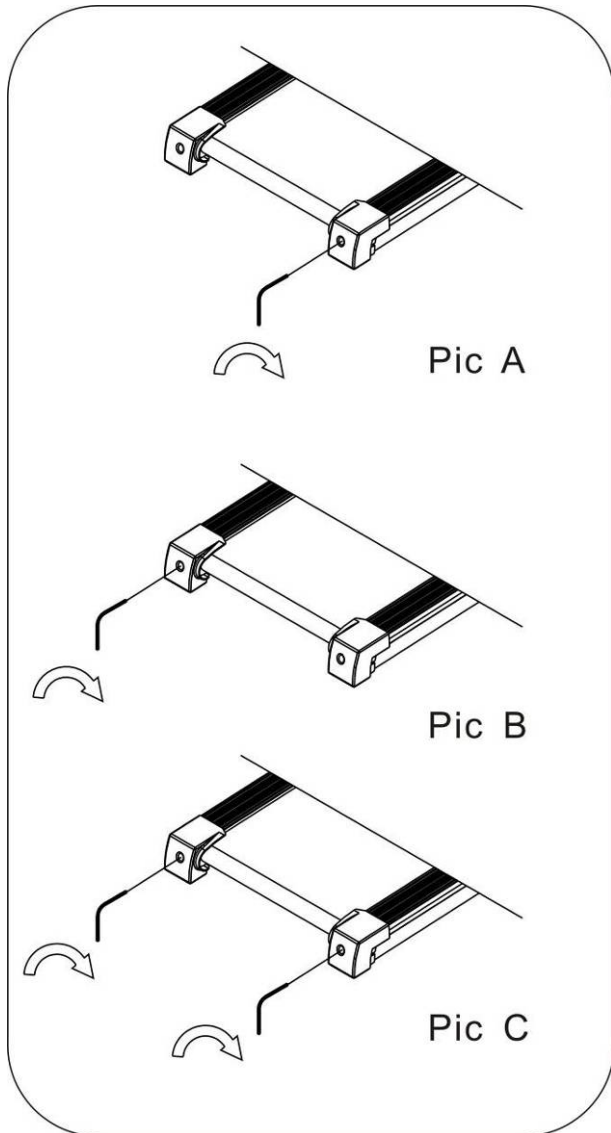
We suggest you buy lubricating oil from local distributors.

Pay attention, and for any other maintenance ,please ask professionals for help.



Belt Adjustment

Place treadmill on a level surface. Make treadmill run at approximately 6-8 km/h, observe the running belt deviation.



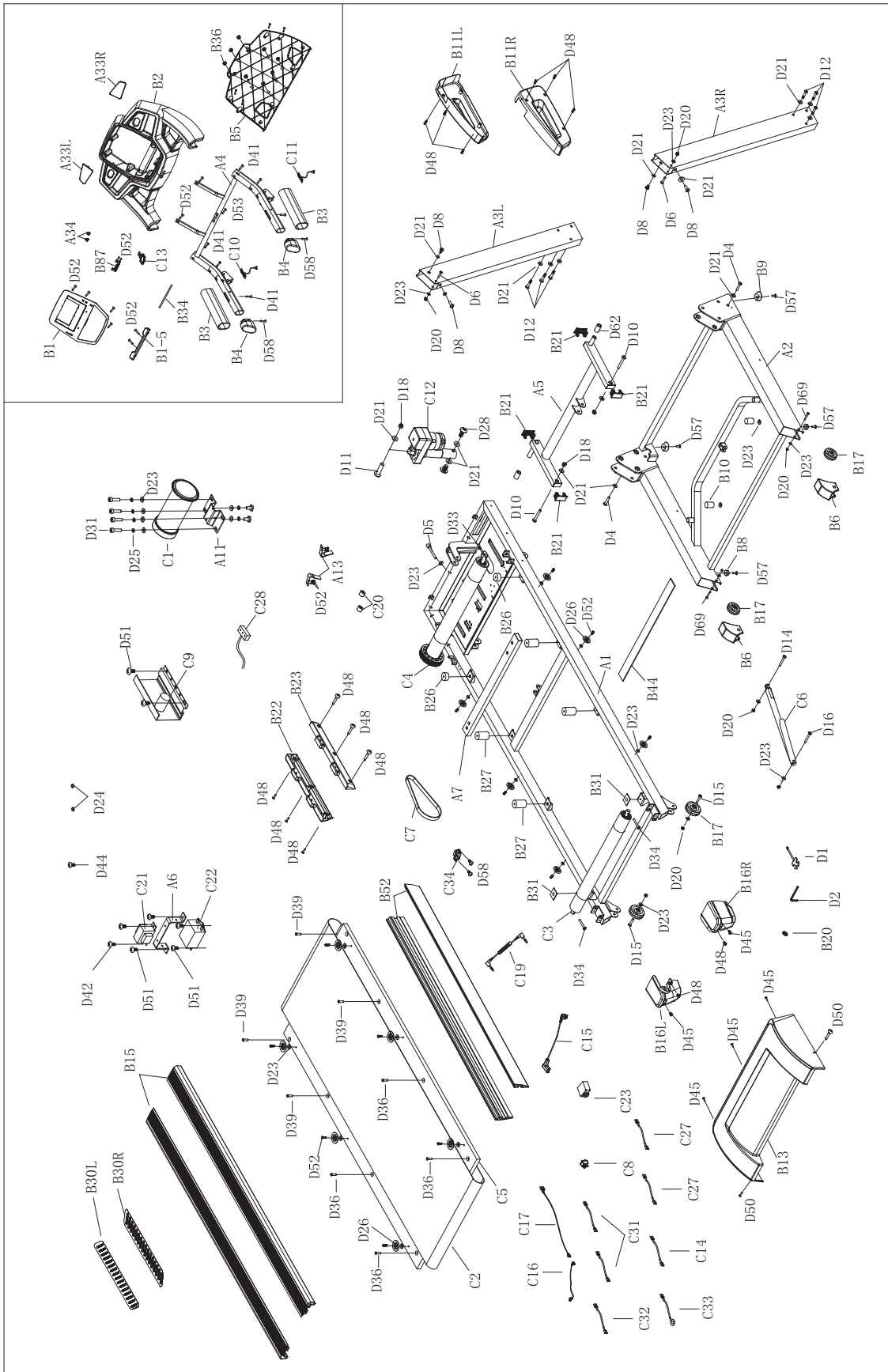
If the belt has drifted to the right, unplug the safety lock and power switch, and turn the right adjusting bolt 1/4 turn clockwise, then insert the power switch and safety lock, make the treadmill running, observe the running belt deviation. Repeat above steps until the running belt is placed in the middle.

See picture A

Once the treadmill belt swerving to the left, unplug the safety lock, turn off the power, then with the left adjusting bolt clockwise rotation 1 / 4 turn, and turn on the safety lock and power to make treadmill running, checking the deviation of the treadmill belt. Repeat the above steps until the belt is centered. **See picture B**

The treadmill belt will gradually stretch after above steps or after a period of time using. Unplug the safety lock, and turn off the power, with the two adjusting bolt clockwise rotation 1 / 4 turn, and turn on the safety lock and power to make treadmill running, then standing on the belt to confirm the tightness. Repeat the above steps until the belt has moderate tightness. **See picture C**

Exploded Drawing



Parts list

A. Welding parts						
No.	Description	Qty		No.	Description	Qty
A1	Base frame	1		A7	Running board tube	1
A2	Main frame	1		A11	Motor Bracket	1
A3L	Left upright	1		A13	Belt guide	2
A3R	Right upright	1		A33L	Left speaker network	1
A4	Handrail bracket	1		A33R	Right speaker network	1
A5	Incline frame	1		A34	Safety lock shrapnel	2
A6	Filter supporting frame	1				
B. Plastic parts						
No.	Description	Qty		No.	Description	Qty
B1	Console set	1		B16L	Left end cap	1
B1-1	Overlay	1		B16R	Right end cap	1
B1-2	Membrane Key	1		B17	Adjust wheel	4
B1-3	Console panel	1		B20	Round plug	1
B1-5	I-Pad holder	1		B21	Inner plug	4
B2	Console cover	1		B22	Motor left cover	1
B3	Protecting foam	2		B23	Motor right cover	1
B4	Handrail plug	2		B26	Treadmill cushion	2
B5	Console bottom cover	1		B27	New cushion	4
B6	Transport wheel cap	2		B30L	Left Non-Slip Sticker	1
B8	Flat foot pad	2		B30R	Right Non-Slip Sticker	1
B9	U-shaped foot pad	2		B31	Rubber pad	2
B10	Limit cushion	2		B34	EVA pad(I-Pad holder)	1
B11L	Left side cover	1		B36	Round Inner Plug	8
B11R	Right side cover	1		B44	EVA seat	1
B13	Motor upper cover	1		B52	Solid side rail	2
B15	Side rail	2		B87	Safety key shrapnel fixed plastic	1
C. Electric and drive parts						
No.	Description	Qty		No.	Description	Qty
C1	DC motor	1		C15	Power cable	1

C2	Running belt	1		C16	Console upper wire	1
C3	Rear roller	1		C17	Console lower wire	1
C4	Front roller	1		C19	MP3 line	1
C5	Running board	1		C20	Magnetic ring	2
C6	Cylinder	1		C21	Inductance	1
C7	Motor belt	1		C22	Filter	1
C8	Power switch	1		C23	Overload protection	1
C9	Controller	1		C27	Single cord (blue) 300	2
C10	Handle pulse left keyboard	1		C28	Speed Sensor	1
C11	Handle pulse right keyboard	1		C31	Single line (brown) 150	2
C12	Incline motor	1		C32	Single branch (blue) 150	1
C13	Safety key	1		C33	Single ground wire	1
C14	Single branch (brown) 300	1		C34	Outlet	1

D. Hardware parts

No.	Description	Qty		No.	Description	Qty
D1	Screw driver 13-15-17	1		D28	Hex round head bolt M10*20	2
D2	Allen wrench T6	1		D31	Hex round head bolt M8*20	4
D4	Round hex bolt M10*65	2		D33	Hex round head bolt M8*55	1
D5	Round head hex bolt M8*100	1		D34	Hex round head bolt M8*60	2
D6	Round hex bolt M8*50	2		D36	Cross head bolt M6*25	4
D8	Round hex bolt M10*15	4		D39	Cross head bolt M6*40	4
D10	Round hex bolt M10*45	2		D41	Cross self-tapping bolt ST4.2*70	4
D11	Round hex bolt M10*50	1		D42	Cross head bolt M4*10	2
D12	Round hex bolt M10*55	6		D44	Cross head bolt M5*12	1
D14	Round hex bolt M8*30	1		D45	Cross head bolt M5*15	5
D15	Round hex bolt M8*40	2		D48	Cross self-tapping bolt ST4.2*19	14
D16	Round hex bolt M8*45	1		D50	Cross self-tapping bolt ST4.2*25	2
D18	Nylon nut M10	3		D51	Cross head bolt M5*8	6
D20	Nylon nut M8	8		D52	Cross self-tapping bolt ST4.2*16	43
D21	Flat washer M10	17		D53	Cross Pan Head Tapping Bolt ST4.2*25	1
D23	Flat washer M8	27		D57	Cross self-tapping bolt	4

					ST4.2*25	
D24	Spring washer M5	2		D58	Cross self-tapping bolt ST3.5*16	4
D25	Spring washer M8	4		D62	Incline Shaft	2
D26	Bowl washer	12		D69	Round hex bolt M8*55	2

Error code and significance

Fault Code	Fault Description	Fault Processing
E1	Communication abnormal: The control and computer has abnormal communication after start	<ol style="list-style-type: none"> 1. Check the wires from the computer are connected to the controller properly or if there is any damage to the cables. 2. Check the controller and change it if it is damaged. 3. Check the computer and change it if it is damaged.
E2	The motor wire is not connecting well	<ol style="list-style-type: none"> 1. Check if the motor wire is connected well and re-connect the motor wire. 2. Check if there is a burning smell from the controller, if yes, please change the controller.
E3	Current overload Protection	<ol style="list-style-type: none"> 1. Stop and go into fault status, computer console will ring 3 tones and shows fault code“E3”. Other areas show blank. After 10 seconds will go into ready mode, and can restart. 2. Possible Reasons: Over the rated load cause too much electricity that make system Self-preservation or some parts blocked and the DC motor can't process. Adjust the machine and restart. 3. Another please check the DC motor or controller has any burning smell or not. If yes, please change the motor or controller. Another make sure the power and voltage is comply with standard.
E4	Incline self-learning fault	Check if incline motor wire connect well. Make sure the AC wire of incline motor connect well with drive board. Check if incline motor wire damage. Ensure these points are ok, press the button on controller to let itself self -test, then can be used again.
E6	Explosion-Proof Protection: Some unusual condition of power or voltage that cause damage to the motor drive circuit.	<p>Check if there is a burning smell from the controller, if yes, please change the controller.</p> <p>Possible Reasons: The power voltage is less than normal or the controller has some problems. Make sure the motor wire is connecting well.</p>
— —	Computer doesn't detect safety key signal	<ol style="list-style-type: none"> 1. Check if safety key switch works, connecting wire works and magnet inside works. 2. Safety key is not placed correctly. 3. Safety key is damaged.
No display on computer	No power	<ol style="list-style-type: none"> 1. Check if power cable is connected to machine or change to another power outlet. If power switch is in position, test it by switch ON/OFF. If the power switch is burned out, replace one and make sure there's power to machine. 2. Check cable connection between computer and controller. 3. Replace adapter or computer.



BODYWORX SPORT 3050 TREADMILL

Model No: SPORT3050

To register your warranty, please go to
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